

MEDICAL ROUTE IN CYPRUS



ELDERLY PEOPLE



PREGNANCY



ILLNESS



CHILDREN

ELDERLY PEOPLE



Health care services for the elderly are provided by urban and regional hospitals as well as community health centres. The Social Welfare Services and the Community Welfare Councils provide the necessary supportive services to enable the elderly to live at home for as long as possible and to promote their social functioning within the family and the community. This objective is supported by the following services: **home-care service, day-care service, residential care service.**

PREGNANCY AND BABY BIRTH



Antenatal care in Cyprus is provided by gynaecologists in public hospitals or private ones. In Cyprus there's not possibility to deliver a baby at home. Most women prefer to give birth in private hospitals because they can choose their own gynecologist. In public hospitals a woman does not have this choice.

EMERGENCY



112

Go to the nearest emergency room if you need medical help urgently. You can find one at the nearest hospital. Please note that you will have to pay for the services you will receive even in public hospitals. EU citizens will pay the amount of 10 € unless they have a medical card and Third Country Nationals will have to cover the full cost of the health care services they receive.

NO EMERGENCY

GP



General practitioners (GPs) provide primary healthcare in the various municipal or regional health centres and outpatient clinics of general hospitals as well as in private ones. If you need medical help you have to make an appointment to visit a GP. The doctor will examine you and make a diagnosis. If necessary you will be given a prescription or a referral letter to visit a specialist.

PHARMACIES



There are numerous private and public pharmacies in Cyprus. In order to buy medicines in public pharmacies (situated in public hospitals), you have to use health stamps which are available at health state hospitals and post offices and paste them on the prescription. The cost is 0,50 € per medicine and up to 10 € per prescription. Some of the private pharmacies operate on a 24-hour basis, including weekends. The cost of all medicines must be covered by patient. In some cases the cost may be covered by the patient's insurance company. Non prescription medicines can be bought at super markets and private pharmacies.

HOSPITAL / SPECIALIST



If you have a referral letter by a GP, you can make an appointment with a specialist. Usually it is done by phone. In public hospitals there might be a long waiting list for visiting a specialist. You will need to have with you your medical or insurance card. Always ask what documents you need to have with you before visiting a doctor at a hospital. In order to perform laboratory examinations in public hospitals you need to buy health stamps from health state hospitals or from the post office and paste them on the referral letter. The cost is up to 10 € per referral letter.

INSURANCE



All Third Country Nationals coming to Cyprus in order to work or study are obligated by law to have private health insurance. The cost of the insurance plan differs between each insurance company. EU citizens staying permanently in Cyprus can apply for a medical card for free medical care according to their income; up to 15,400 € for single people and 30,750 € for families (increased by 1700 € per depended child). If your income exceeds the ceiling, you can choose a private health insurance.

DENTIST



You can find a dentist at your neighbourhood or at public hospitals. Usually friends can suggest you one. Private insurance companies usually don't cover dental care expenses. When visiting a dentist you will be asked to fill out a form with your personal details. Every six months your dentist will call you for the regular check up.

VACCINATIONS



The responsible body for the National Immunization Programme is the Ministry of Health and more specifically the Medical and Public Health Service. The Public Sector offers free of charge vaccination to all children. The free of charge vaccinations are for: Diphtheria, Tetanus, Pertussis, Poliomyelitis, Measles, Mumps, Rubella, Hepatitis B and Haemophilus, Influenzae type b. Vaccinations are given to children at the following ages: 2, 4, 6, 12 and 15 months, 4-6 years old and 14-16 years old.

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www.takecareproject.eu

