



## NEWSLETTER: *be healthy*



### Take Care Project in short

Being healthy is one of the most important preconditions for an individual to live and function normally in everyday life. If you feel ill or suffer from a disease, you go to see a doctor and get medical treatment. Migrants, who do not speak the language sufficiently, experience real communication problems when they need medical help. On the other side, healthcare professionals experience similar problems. To help out a patient it is essential to understand each other. For all this and more we started the Take Care Project!



## KICK-OFF TAKE CARE PROJECT

### Kick-off Take Care Project

Finally the project has begun. With the beginning of 2013, the 8 partners who combined forces in the Take Care Project gathered together for the first time in Rotterdam. On the 14<sup>th</sup> and 15<sup>th</sup> of January Pressure Line, as a coordinator of the project, set up this meeting. During those two days the tasks have been divided between the partners and it was made clear who was responsible for what. The partners also held an inspiration session on the scenarios for developing of language materials. In the coming two years the partners will focus on the following activities:

- Perform needs and experiences analysis
- Collect 'good practice' examples

- Develop Healthcare Language Guide for Migrants
- Develop methodology for trainings
- Offer trainings to organizations and institutions
- Organise short language courses

First step for all partners is to spread questionnaires amongst migrants and professionals in the world of healthcare in order to analyse their needs when dealing with language problems. The outcome will be used to establish the methodology for the project materials.



### **Visual Identity**

A suitable visual identity of the project was presented by Pressure Line and agreed by the partners. 'Take Care Project: Healthcare Language Guide for Migrants' is the full name of the project. As a pay-off we have chosen for the short line 'Be Healthy'. Take Care has a double meaning: Take care can be interpreted as 'Watch out', as well as 'See you'. The pay-off 'Take Care, Be Healthy' is like a piece of good advice: Take care of your health, derived from the popular saying: 'Don't worry, be happy'.

### **Next steps**

The second partner meeting will take place in Lindau, Germany on 4<sup>th</sup> and 5<sup>th</sup> of April. During this meeting a work group will set up the guidelines for developing of the Healthcare Language Guide and the project website [www.takecareproject.eu](http://www.takecareproject.eu).

### **Partners**

The partners come from 8 European countries: Bulgaria, Cyprus, Germany, Lithuania, The Netherlands, Portugal, Romania and Spain.



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